

# CoReAch

Leading conversations to  
connect, relate and achieve



**Become skilled at conversations that enable mindset shifts and allow new situations and complex challenges to be embraced boldly at work!**

**Do you find it increasingly harder to create space for quality conversations? You are in good company.**

In an increasingly complex, fast paced environment, that constantly challenges us to deliver greater results with less resources; the quality of our thinking and the quality of our conversation are more important than ever!

We intrinsically understand the power of conversations that move beyond downloading of information. Dialogues that delve deeper and create possibilities...

In a world of competing priorities how do we have conversations that connect, relate, and achieve?

This program is designed to support quality thinking through quality conversations.

The program aims to create a shift in perspective in how you see, approach, and have conversations at work, through:

- ✓ Understanding the mindsets required.
- ✓ Building and refining core coaching skills.
- ✓ Learning and applying a framework that supports a coach approach.

## Grow your ability to

- ✓ Reframe conversations enabling new possibilities and solutions.
- ✓ Show up with intention in the mist of increasing time pressures.
- ✓ Put into action coaching mindsets and key conversation skills that count.
- ✓ Skilfully navigate growth conversations using tested coaching frameworks.

## CoReAch

# Program format

Designed for busy managers and leaders using a blend of self-paced and real-time learning on the Uncharted Quest platform.

The program's multi-dimensional learning approach involves a two-month, iterative cycle of learning, application, and reflection.

Every three weeks for two months you will be guided by highly experienced facilitator coaches through online activities including:

- ✓ Self-directed practice and reflection.
- ✓ Virtual 2-hour workshops.
- ✓ Small practice groups.

The Uncharted Quest is our most innovative and integrated way to help you develop your skills, remain engaged and provide fast access to program resources.

### The Platform delivers the following benefits:

- ✓ **Action Based Learning** - completion of bite-sized 'Missions' using the action feedback learning model.
- ✓ **Micro Coaching** - One on one coaching enables the facilitator to provide you with timely, individualised, personal feedback throughout the program.
- ✓ **Always Accessible** - You can access the self-paced content anytime, anywhere using computers, tablets, and smartphones.
- ✓ **Real World Links** – connect you to world class resources that enable you to deepen your understanding and practice.

## Outcomes you can expect

- ✓ **Increased confidence and capability to have effective conversations at work.**
- ✓ **Improved ability to ask questions that create insight and action.**
- ✓ **Increased ability to understand the tangible and intangible dynamics influencing complex conversations.**
- ✓ **Increased ability to provide and receive feedback.**
- ✓ **A pathway to scale your influence and impact as a leader.**

## Designed for

Our experience in doing this work internationally has shown that Leaders with a combination of the following attributes are likely to excel in this program:

- ✓ Leaders in mid- or higher-level leadership roles who have already acquired foundational interpersonal skills.
- ✓ Those who recognise that something more may be needed to enhance the quality of conversations in order to make headway through complex challenges.
- ✓ Individuals who have a continuous learning mindset – and are open to challenging their own perspectives.
- ✓ Talent identified by the organisation with potential to realised.
- ✓ Those who have the capacity to commit and invest in their development.

# CoReAch Program At A Glance



## CoReAch is an evidence-based program that enables you to have more effective conversations at work

Presented in a highly engaging, practical, and experiential format, the program includes the following modules.

1. Seeing conversations differently.
2. Show up with intention.
3. Practice skills that count.

## Learn together and thrive together

The program includes Peer Practice Groups providing the opportunity to deepen your understanding and practice throughout the program.

Join others from diverse organisations and industries or if you prefer you can choose your Peer Practice Group.



## Duration and program structure

- ✓ Online orientation.
- ✓ Three virtual interactive workshops (2-hour sessions) every three weeks for nine weeks.
- ✓ Peer Practice Groups in between each workshop.
- ✓ Online micro coaching from facilitator coaches throughout.
- ✓ One midpoint executive coaching session with your facilitator coach.

**Book now!** [administration@unchartedleadership.com.au](mailto:administration@unchartedleadership.com.au)

...we now have a new, third generation of workplace coaching – a generation that focuses on the personal and professional development of managers as much as their acquisition of workplace coaching skills, and also focuses on cultural change as much as organisational performance.

Anthony M. Grant

Coaching: An International Journal of Theory, Research and Practice

CoReAch allows to you to effectively embed having effective conversations, it provides a framework to learn concepts, practice in safe space and apply this into work activity.

Manager, Local Health Network, Adelaide

# CoReAch

## Your Facilitators

Learn from highly experienced facilitator coaches



### Sheree Paterson

Sheree has established a strong reputation as a knowledgeable, engaging, and effective executive coach and development specialist.

She has extensive experience in frontline clinician, learning and development and management roles enables an in depth appreciation of complex contexts.

Sheree has a Master of Applied Science in Coaching Psychology and Master of Education in Adult Education.



### Dr Brendan Smith

Brendan holds a Doctorate in Organisational Psychology, twenty years' experience in Private and Public Sectors with a background in Cultural Transformation and Developmental Coaching.

He is a registered Psychologist in Australia, a qualified executive coach and facilitator and is at the forefront of applying developmental coaching and collaborative practices to create more responsive and resilient teams and organisations.

The CoReAch program helped me to advance my listening skills and helped enable me to show up to conversations at work (and outside of work) that are about helping people uncover their own ideas and solutions.

Manager, Independent Aged Care Provider